



# **GEELONG** **WINCHELSEA HEALTH CLUB**

## **Group Exercise Timetable** **Commencing on Monday 12th December!**

**Monday 6:15am - Group Cycle. 6:15pm - Zumba**

**Tuesday 9:15am - Aerobics**

**Wednesday 6:15am - Group Cycle. 9:15am - Pilates**

**Thursday 9:15am - Group Cycle**

**Friday 6:15am - Group Cycle**

All Group Fitness Classes Included In Membership.

Group Exercise Class \$11 - Non Members

\*Time Table subject to change. Classes will run for 45 minutes, unless specified otherwise.  
Minimum 3 participants.



For Further Details Contact  
Gym Manager: Ashley Dolley  
Winchelsea Health Club  
Phone: 0423 593 056



We build strong **PEOPLE**  
strong **FAMILIES** strong **COMMUNITIES**

### **1 X Group Exercise Free Pass!**

Simply present this voucher to redeem you free Group Exercise  
Free Pass.

Choose from Group Cycle, Pilates, Aerobics and Zumba!

\*One Per Person, Voucher entitles you to access to 1 x class, not redeemable for cash, conditions apply.